

Hyde County Hotline

24 Hour Crisis Line 252-925-2500

April 2014

April is
Sexual Assault
Awareness Month

It's time ... to talk about it!

Your voice.

Our future.

Prevent sexual violence.

Sexual Assault Awareness Month calls attention to the fact that sexual violence is widespread and impacts every community member of Hyde County.

Rape, sexual assault, and sexual harassment impact our community, and statistics show one in five women and one in 71 men will be raped at some point in their lives (Black et al., 2011).

Child sexual abuse prevention must be a priority to confront the reality that one in six boys and one in four girls will experience a sexual assault before the age 18 (Dube et al., 2005).

Young people experience heightened rates of sexual violence, and youth ages 12-17 were 2.5 times as likely to be victims of rape or sexual assault (Snyder & Sickmund, 2006).

We must work together to educate our community about sexual violence prevention, supporting survivors, and speaking out against harmful attitudes and actions.

www.nsvrc.org/saam

Our Services

Hyde County Hotline provides free, confidential referrals and services for sexual assault victims, survivors and their close family and friends. Hotline Advocates can assist in completion of Victim's Compensation paperwork, assist you in working through the criminal justice system, assist you in obtaining a Protection Order, accompany you to the hospital if you need medical treatment, and much more. One of the most important services is a hotline that you can call to talk to a trained staff member or volunteer about your feelings and concerns related to the assault. Your conversations with Hyde County Hotline staff and volunteers are kept private and confidential by North Carolina law.

Please feel free to call and use our services, whether you are a teenager, a child or an adult; whether you are a person with or without a disability; and whether you are male or female. Hyde County Hotline is a private, nonprofit organization committed to helping all members of the public.

Our crisis line is available 24 hours a day, 7 days a week. Please, don't hesitate to call if you need help.

**DOMESTIC VIOLENCE HOMICIDES
IN NC**

from January 1 – March 24, 2014

12 Murders

www.nccadv.org

OUR MISSION: The purpose of Hyde County Hotline, Inc. is to work to eliminate domestic abuse and sexual victimization and provide safe shelter in Hyde County, North Carolina through the collaborative efforts of a compassionate community. We promote dignity, respect and safety at home resulting in safer communities.



Want to learn more about being a Hyde County Hotline Crisis Line or Shelter Volunteer? Let us know. 252-925-2500

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It is up to all of us to ensure victims of sexual violence are not left to face these trials alone. Too often, survivors suffer in silence, fearing retribution, lack of support, or that the criminal justice system will fail to bring the perpetrator to justice. We must do more to raise awareness about the realities of sexual assault; confront and change insensitive attitudes wherever they persist; enhance training and education in the criminal justice system; and expand access to critical health, legal, and protection services for survivors.

President Barack Obama, April 2012

Hyde County Children's Health Fair

Save the Date

April 25, 2014
10:00 am – 2:00 pm

Free food for kids under 12 * Spaghetti plates for sale to public * Bouncy House & Slide * Interactive Information Booths and Activities * Child Abuse Prevention Pinwheel Ceremony * Door Prizes

Davis Ventures in the Gym
33478 Hwy 264 E, Engelhard, NC 27824

Volunteers are vital to the organization's overall functioning and success.

Hyde County Hotline is a private, non-profit organization in Hyde County dedicated to promoting dignity, respect and safety at home resulting in safer communities.

All proceeds from the thrift stores go to support the Hyde County Hotline mission. All donations are tax-deductible and tax donation forms will be mailed to you from Hyde County Hotline.



How you can help...

**Ask how we can help you ** Tell others about

**Ask us about presentations ** Volunteer

**Donate to our Thrift Store – call us for pick-up of large items 252-925-2502

**Monetary donations are accepted: PO Box 335, Engelhard, NC 27824 (all donations are tax deductible)

We're on the Web!
Visit us at:
www.hydecounthotline.org



108 North Carolinians killed by domestic violence in 2013

Release date: 3/31/2014

Drop in murders a hopeful sign, but more help, enforcement needed to fight DV

Raleigh: A total of 108 North Carolinians lost their lives in domestic violence murders in 2013, a decrease of 14 from the previous year, Attorney General Roy Cooper announced today.

“Any drop in murders is a hopeful sign, but for every abusive relationship that ends with a tragic death, many more victims continue to suffer,” Cooper said. “We must continue to fight this dangerous crime and help victims escape abuse.”

To read more: <http://www.ncdoj.gov/News-and-Alerts/News-Releases-and-Advisories/Press-Releases/108-North-Carolinians-killed-by-domestic-violence.aspx>



An Overview of the Problem

Anyone can be a victim of rape or sexual assault. But some are more at risk than others:

- **Women and girls are the vast majority of victims:** as noted, nearly 1 in 5 women has been raped in her lifetime.
- **Men and boys, however, are also at risk:** 1 in 71 men – or almost 1.6 million – have been raped during their lives.
- **Most victims know their perpetrators:** 51% of female victims were raped by a current or former intimate partner, and 41% were raped by an acquaintance. Stranger rape, in contrast, accounts for 14% of the total. Of men and boys, 52% report being raped by an acquaintance and 15% by a stranger.
- **Repeat victimization is common:** over a third of women who were raped as minors were also raped as adults.
- **The majority of perpetrators are male:** 98% of female and 93% of male rape survivors report that their assailants were male.
- **Young people are especially at risk:** nearly half of female survivors were raped before they were 18, and over one-quarter of male survivors were raped before they were 10.

And the numbers don't begin to tell the whole story. They don't tell of the physical, emotional and psychological scars that a victim can carry for life. They don't speak to the betrayal and broken trust when the attacker is a friend, a trusted colleague, or a family member. And they don't give voice to the courage of survivors who work every day to put their lives back together.

For additional information, http://iaclea.org/visitors/about/documents/WhiteHouseCouncil_sexual_assault_report_1-21-14.pdf

100 Things You Can Do to Prevent Sexual Assault

Respect a person's right to say no · educate yourself on the issues · volunteer at your local rape crisis program · believe survivors · contact your local legislators and political leaders · know the statistics · trust your gut feeling · speak out against all forms of violence · respect and embrace diversity · avoid blaming the victim · believe in equality · be aware of how violence is portrayed in the media · speak out against the media's portrayal of violence · advocate for more rape prevention education programs · admit that it does happen in your community · understand that sexual violence affects us all · participate in local take back the night events · listen · stop others from slipping a date rape drug in someone's drink · know that sexual violence is about power and control · teach kids how to stay safe · advocate for victim's rights · know the laws · believe that a safer world is possible · attend events sponsored by local rape crisis centers · be alert and aware · avoid engaging in, supporting or encouraging sexual harassment · participate in sexual assault awareness month activities · teach kids that violence is not the answer · put a sexual violence prevention sticker on your car · sponsor a fund raiser for your local sexual assault program · know that most sex offenders aren't strangers · respect your partner or significant other · avoid making threats or using coercion and pressure to get sex · be courageous · wear a sexual assault prevention t-shirt · visit the njcasa.org website · support RAINN sponsored concerts and events · avoid making assumptions · be nonjudgmental · speak out against racist, sexist or homophobic jokes · be strong · start an email campaign · know the resources available in your community · advocate for more youth violence prevention programs · know that it can happen to anyone · write a letter to the editor of your newspaper · write an article for your school paper or workplace newsletter · be safe and aware when on the internet · get others to speak out against sexual violence · tell your parents what you know about sexual assault · create a sexual assault bulletin board · stop your sexual advances if the other person says no · encourage others to do the same · avoid buying music that glorifies sexual violence · urge your local radio stations to stop playing music that contains violent lyrics · applaud others who speak out against sexual violence · invite a speaker from your local rape crisis center · pledge to never commit or condone acts of sexual violence · stop yourself from taking advantage of someone who is passed out or incoherent · call for help if you witness an act of violence · get help · respect the choices victims and survivors make to survive · stop others from taking advantage of someone who is intoxicated · respect different lifestyles · know that men can be raped · empathize · know that sexual violence can be a form of domestic violence · work towards eliminating oppression of all kinds · think globally and act locally · open your mind · open your eyes · open your heart · engage others in discussions about sexual violence · challenge assumptions · break the silence · know the rights of victims · empower · advocate · be open to change · reach out · educate · have compassion · know that you have the power to make a difference · find your voice · learn about sexual harassment · learn about healthy boundaries · notice when someone invades your boundaries · get help if you are being sexually harassed · report it if you witness sexual harassment in your school or workplace · support a friend · protect yourself · talk about it · learn about date rape drugs · get the facts, tell others · stay alert and aware · know your school's or workplace's policies on sexual violence and harassment · reinforce that rape is never the victim's fault